

Manual Handling Awareness

_ Day Course

Course Objectives:

To provide all employees with a basic understanding of good practice and appropriate techniques for lifting and moving of goods including practical work to practice using correct techniques.

Course Content:

- Introduction
- Manual Handling Legislation Presentation
- 'Getting to grips with Manual Handling' DVD
- Kinetic Lifting Presentation
- Watch your Back DVD
- Basic Manual Handling Risk Assessment
- Practical Lifting Session
- Assessment Questionnaire

Who Should Attend?

All employees who, as part of their day to day work, are required to lift or move loads manually.

Supervisors and Managers responsible for areas where manual handling is carried out.

Dates: TBC

Venue: De Montfort House, Enterprise Way, Vale Park, Evesham, Worcs. WR11 1GU

Duration: 9.00am – 12.30pm

Cost: £60 + Vat per person. This includes Course Notes & Certificate.

Or

In house course: £250 + Vat. This includes Course Notes and Certificate.

Course Tutor: Steve Masters Tech IOSH, AIIRSM, RMaPS

Qualifications/Certification:

Attendance Certificate issued upon satisfactory completion.

This course will help companies to fulfil their duties under
Manual Handling Operations Regulations 1992.

Curran Webb Ltd

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